

Nurturing the Caregiver

A gathering for unpaid caregivers supporting loved ones in home, hospital, hospice or LTC in Renfrew County

A safe, non-judgmental space to:

- connect with other caregivers
- share coffee and muffins
- enjoy a **free** wellness activity
- be nurtured for a change

**Saturday, October 12, 2024
9am - 12pm**

Location:

Hospice Renfrew
459 Albert St.
Renfrew, ON

THIS MONTH:
Healing Sound Bath Experience

*with Sheila Brunke enright,
Certified Sound Bath Practitioner and founder of
dOMe Retreat, Braeside*



For more information or to register, contact:
(613) 433-3993 x.2237 or jrigby@hospicerenfrew.ca