

# Grief Support Groups

## Grief Group: 1st Year

- Support group for those surviving the first year after the loss of a loved one
- 1st Tuesday of every month, 6:30pm – 8pm

## Grief Group: 2nd Year & Beyond

- Support group for those where more than a year has passed since the death of a loved one
- 3rd Thursday of every month, 1pm – 2:30pm

## Grief Group for Mothers

- Support group for bereaved mothers coping with the loss of a child
- 3rd Tuesday of every month, 1pm – 2:30pm

## Caregivers Group

- Support group for unpaid caregivers supporting a loved one at home, hospital, hospice or in LTC
- 2nd Tuesday of every month, 1pm – 2:30pm

**Location:** Hospice Renfrew  
459 Albert St. Renfrew, ON

