

LivingMy Culture.ca

Conversations on care, culture and spirituality
when living with serious illness and grief.



People from 11 different cultural communities share stories about:

- Traditions, rituals and spirituality
- Expectations of care
- Care for the patient and family
- Emotions and support
- Talking about illness
- After death and ceremonies

Videos available in:

English, Amharic, Cantonese, Farsi, Hindi, Italian, Mandarin, Punjabi, Tagalog and Urdu.

Thank you to those who shared their stories to help others.



For more information:
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