

Nurturing the Caregiver

A gathering for unpaid caregivers supporting loved ones in home, hospital, hospice or LTC in Renfrew County



A safe, non-judgmental space to:

- connect with other caregivers
- share coffee and muffins
- enjoy a free wellness activity (e.g. reflexology, massage, yoga)
- be nurtured for a change

**Saturday, May 11, 2024
9am - 12pm**

Location:
Hospice Renfrew
459 Albert St.
Renfrew, ON

For more information or to register, contact:
(613) 433-3993 x.2237 or jrigby@hospicerenfrew.ca