

Hospice Happenings

December 2021
Volume 2, Issue 3



CHRISTMAS MESSAGE

Chair— Gerald Tracey

This Christmas season all of us at Hospice Renfrew – staff and volunteers, remember and express sincere appreciation for the generosity shown by so many people from Renfrew County and beyond who continue to support this facility.

COVID-19 forced the cancellation of many third-party events that raise much-needed dollars for Hospice Renfrew to continue to provide end-of-life support to individuals with *Care, Comfort and Compassion*. We thank everyone who has chosen to support Hospice Renfrew with financial donations. Many donors are relatives and friends of people who have lived out their final days, weeks or months here. Others simply realize the importance of having such a wonderful and important facility in their midst and have chosen Hospice as their charity of choice.

We also remember the residents and families who will be in the care of the wonderful staff here during the Christmas season. This is a very special time of year when we gather with those we love to celebrate the festive season together and to take time to pause, reflect and remember the happy Christmases we shared with our loved ones. But it is also a difficult time of year for many, especially those who have lost loved ones or are spending their last Christmas with a loved one.

During the Christmas holidays, Hospice Renfrew will be as busy as ever but the staff and volunteers will be here to ensure residents and families receive the care and support they both need and deserve.

As we near the end of another year, I take this opportunity to express sincere *thanks* and *appreciation* to you, our loyal supporters, for your continued support. Without it we simply could not provide the level of care and range of services our residents require.

I also want to thank everyone of our volunteers who give unselfishly of their time in so many ways throughout the year. Your dedication and commitment is truly valued and without your thousands of hours in time given to Hospice, it just would not exist.

A huge thank you to our dedicated staff including those who provide direct patient care and all those who fulfill other duties. We are blessed to have an awesome team and an awesome Executive Director in the person of Marjorie Joly.

To my fellow board members—Bill McMahon, Donna Anderson, Leo Hall, Jamie Cybulski, George Wade, Karen McEwen, Kevin Cherry and Danielle Thomas – and the many individuals who sit on various committees, you truly are a special group of individuals. I treasure our friendships and thoroughly enjoy working with each of you for a something that is near and dear to all of us – Hospice Renfrew.

*May you be blessed with the spirit of the season, which is peace,
The gladness of the season, which is hope,
And the heart of the season, which is love.
Merry Christmas!*



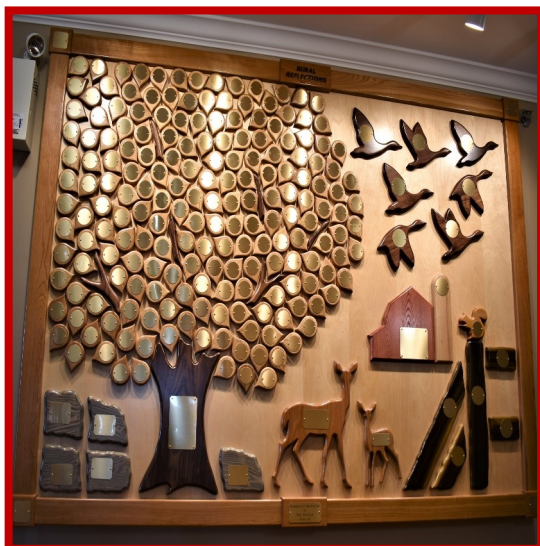
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RURAL REFLECTION LEGACY WALL

We want to remind you about our 'Rural Reflection Legacy Wall' that has been installed.

These funds will continue to sustain Hospice programs, services and support future projects. If you are interested in more information please feel free to email us at info@hospicerenfrew.ca



EDUCATION TRAINING FOR STAFF & VOLUNTEERS

We have committed to providing continuous training to both our staff and volunteers on a monthly basis. The past few months we have provided many different opportunities for education. One of the highlights was an education session on Ethnic Diversity. Did you know that Canada is the one of the most diverse countries in the world, with one in 5 Canadians being foreign-born.

In September we had AODA education (Accessibility for Ontarians with Disabilities Act). We have been busy with changing our documents and our website to make sure we are compliant and accessible to all.

Infection Control week was October 18-22, 2021. This was a week of learning and engaging conversations.



CELEBRATION OF LIFE

Our Celebration of Life was held on October 25, 2021.

“Our annual Celebration of Life provides an opportunity to reflect upon and remember those whose lives came to their completion in the loving care of Hospice Renfrew. Each Resident and family that we serve is etched in the memory of our staff and volunteers. It is our hope that this ceremony brings comfort to those left behind knowing that their loved ones continue to be thought of fondly and will never be forgotten.” Julie Keon, Grief & Bereavement Counsellor

Special thanks to our Grief & Bereavement Counsellor, our staff and the many volunteers who participated in this event with our families.



GRIEF & BEREAVEMENT DURING THE HOLIDAYS

“After the death of a loved one, life is forever changed. The early weeks can be devastating and as you attempt to find solid footing, you can’t help but think of how significant days like birthdays, anniversaries and special holidays will be without your loved one. Facing the Christmas holidays can be extra hard as there is an entire season to tend to before you get to the big day. There is an expectation to feel merry and bright and everywhere you turn there is a reminder of all that has been lost. Traditions, holiday music and movies, events and parties are all potential triggers for grief.

Accepting that the holidays will not be the same as before is a positive step towards coping. It is impossible to avoid the pain so thinking about the aspects that will be most challenging can reduce some of the stress that you will experience. Talk with your family about traditions that will need adjusting, kept the same or skipped altogether. Make a plan as to how you will best care for yourself which may include permission to change your mind last minute. You cannot anticipate how you might feel at any given moment and so accepting an invitation only to cancel is perfectly acceptable. Schedule time to tend to your mental health. And if you want to sit this one out, that is okay, too. The good thing about holidays is they come around every year.

Lastly, think of ways to include your loved one in the holidays.”

Julie Keon, RSSW Grief & Bereavement Counsellor

For more information on Hospice Renfrew’s grief support services or to receive a handout on ways to remember your loved one during the holidays, contact Julie at 613-433-3993 x. 2237 or jkeon@hospicerenfrew.ca



FROM THE OFFICE OF THE DIRECTOR

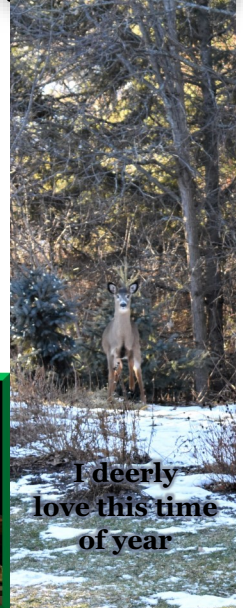
Executive Director — Marjorie Joly

As the Christmas song goes, “It’s the most wonderful time of the year....” and I could not agree more. It has been a very busy year for us at Hospice Renfrew, as you can see from all the information in our newsletters. Despite all the challenges that have come during this pandemic, we have been able to continue to offer excellent care, comfort, and compassion to those in need. This is a great accomplishment that has been echoed in all the wonderful compliments that we receive from our guests and their loved ones.

We would like to extend a heartfelt thank you for all the unwavering support that we have received this year from our community. Without all your continued support we would not be able to offer the excellent care that Hospice Renfrew is known for.

I would like to thank all our staff, physicians, volunteers, and board members for all the incredible support that has been provided throughout 2021. It is such a pleasure to work with such an amazing team!

Christmas is about spending time with family and friends and creating happy memories that will last a lifetime. Merry Christmas to you and your family!!!



RETIREMENT OF EMPLOYEES



Jeanne Prince, **RPN**

We **thank you both** for all your hard work, for all the support, and help you have given to us.

Sharon Arbic, **RN**



Jeanne and Sharon will be missed greatly by our staff, volunteers and our guests here at Hospice. We wish them both a long and happy retirement.

“You cared for the sick and held many hands through the years. You laughed with some and with others you cried real tears.

You carried out orders from one too many grumpy does, all the while glancing often at the clock.

A nurse never knows what complication each illness brings, but you did your duties like “An Angel without wings.”

Every minute of every day, a nurse somewhere brings a smile.

DID YOU KNOW?

"Our worst fear isn't the end of life but the end of memories.—Tom Rachman

- We offer short-term stays for palliative pain and symptom management.
- Each year Hospice must fundraise approximately 50% of its annual operational budget.
- Hospice Renfrew is governed by a volunteer board of directors that represents the interests of our residents and their families from across Renfrew County.
- There is no cost for any of our programs and services. Hospice is a registered charity.
- Our website now has an accessibility tab.
- Hospice Renfrew acknowledges that the land on which we are situated, sits on the unceded and traditional land and territory of the Algonquin people.



FUNDRAISING EVENTS

Each and every year we continue to be amazed and thankful for our community and the many different ways that they continue to support us. We would like to express our heartfelt gratitude to everyone who has donated over this past year. Your kindness & generosity demonstrates what the Renfrew County community is all about.

These are a few of the fundraisers that took place this fall. This represents only a portion of the amazing amount of donations we have received, many single donors give annually, one time donors, along with third party events that contribute to us.

- Hospice Renfrew Golf Classic (DragonFly)
- Papa Walks for Hospice Renfrew
- Twins Bike Ride
- Gourley's Outdoors (Big Buck & Doe Contest)



John Yakabuski, MPP
Gerald Tracey, Eganville



HOSPICE RENFREW

MISSION * VISION * VALUES

Our Mission:

To assist terminally ill individuals to live as fully as possible while maintaining their dignity and comfort, as well as providing support to family and friends.

Our Vision:

Hospice Renfrew will provide and maintain a freestanding residential hospice to provide end-of-life care to terminally ill people and their families throughout the County of Renfrew.

Our Values:

We at Hospice Renfrew strive to achieve our Mission and Objectives by living our Core Values which drive how we operate across every level.

Respect, Empathy, Passion,
Hospitality, Stewardship, Honesty,
Learning and Celebration



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@Hospice_Renfrew

NEW BOARD MEMBER

We are pleased to inform you that we have a new addition to our Board of Directors team. Danielle Thomas is a retired Registered Nurse. She worked at Pembroke Regional Hospital for 34 years, in Medicine and Mental Health. She served as the Director of the Medical Program for 6 years, overseeing the expansion of the Program from 48 to 72 beds, and responsible for all aspects of Program Management, including budget, recruitment, performance management and clinical oversight. Director of Human Resources from 2006-2014, with responsibilities for contract management, union contract negotiation, organizational recruitment, benefits and payroll administration, salary analysis, performance management, disability management, pay equity, organizational health and wellness, workplace accommodation, WSIB management and the provision of overall leadership and consultation to the management team. From 2012 to present, civil marriage officiant, clerk designate with the Township of Whitewater Region and is authorized to solemnize civil marriage ceremonies in Ontario.



Your Donation Makes A Difference

Only 50% of Hospice Renfrew's operational funding comes from the government. The remainder of the more than 1.6 million we need to operate yearly comes from the generosity of people like you. Please consider making a donation today or including Hospice Renfrew in your will or estate planning. Hospice Renfrew is a registered charity #864058839RR0001.

Enclosed is my donation of: \$ _____ in the name of: _____

If you would like the recipient and/or family notified of your gift, please fill in their address:

Name: _____

Address: _____

City: _____ Prov. _____ P.C. _____

Please send receipt to: (a complete legible address is required for income tax receipt):

Name: _____

Address: _____

City: _____ Prov. _____ P.C. _____

You can also donate online at [hospicerenfrew.ca](https://www.hospicerenfrew.ca) Click on the "Donate Now" button on the front page.

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