

Hospice Happenings

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CHRISTMAS MESSAGE

Chair— Gerald Tracey

The festive season is a special time of year – a time when we all smile a little easier and we freely extend glad tidings to family, friends and neighbours.

But Christmas just isn't a day; it's a frame of mind. It's a magical time of year, a time of mystery and a time of expectations.

In a way, Hospice Renfrew can be compared to Christmas. It is a place where people come to end life's journey in a building filled with comfort, care, compassion and love. People who enter our doors as patients know, in all probability, it is the last place they will eat, sleep and spend time with loved ones.

For visiting family members, Hospice Renfrew becomes their home for the time their loved one is with us. They appreciate everything Hospice has to offer and quickly come to regard it as their home away from home. For those of you who have had a family member or very close friend in Hospice, you will better understand what I mean when I say the feeling one gets from Hospice is somewhat magical like that feeling many of us get at Christmas. Perhaps that is because the common denominator with Christmas and Hospice is love and peace.

The year 2020 is one we won't soon forget as the coronavirus brought about immense changes to our lives, to society, to the entire country and indeed the world. In many ways it brought us to our knees. And until a vaccine that can kill the virus without causing side effects to the human body is developed, things won't return to normal. If we are to win the battle with COVID-19, then we must be willing to follow the public guidelines and do what we are asked to do. Otherwise, it will be a long time before life returns to normal.

On behalf of the board of directors of this wonderful facility, I extend heartfelt appreciation to each and every member of our staff, especially our frontline workers who continued to perform their duties without hesitation or complaint. You never once wavered in your commitment to continue providing comfort, care and compassion to our residents since March when the world as we knew it changed drastically.

To all of our wonderful and dedicated volunteers, including my fellow board members, praise to you for your contributions, input and participation throughout the year. Although we had to restrict entry to the building for a period of time, these have been relaxed. How that continues to unfold in 2021 depends completely on how society abides by regulations and guidelines governing COVID.

I also want to take a moment to thank another very special group of people and they are our donors. Without your ongoing generosity and support of many Hospice-related events, it would not be possible to keep the doors open.

Many of us will celebrate Christmas in a different way this year. Festive get-togethers, staff parties and large family gatherings won't be taking place, unless we fail to abide by the rules, but that shouldn't stop us from celebrating the birth of Jesus Christ. Perhaps the *real reason for the season* will be brought home more than ever this year.

Christmas isn't just a day. It's a frame of mind. The true spirit of Christmas lies in our hearts.

To each and everyone of you, may your homes and hearts be filled with peace and joy this Christmas season.



*I deeply love
this time of year!*



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HOSPICE RENFREW BOARD OF DIRECTORS 2020-21

Hospice Renfrew is governed by a volunteer board of directors that represents the interests of our residents and their families from across Renfrew County. Hospice Renfrew is pleased to welcome its Board of Directors for 2020-21.

Treasurer — Bill McMahon

I have been a Board member (Treasurer) since 2011.

Retired from the Town of Renfrew in 2009 after 29 years in the position of Treasurer, including human resource responsibilities. Previously employed in accounting, auditing and banking.

Married to Elaine for 52 years and are parents to two sons and six grandchildren. We live in Ferguslea, Admaston/Bromley Township as the third generation on a family homestead. Leisure activities include travel, outdoor activities and child care of our grandchildren.



Secretary — Donna Anderson

Recognizing the area's charm and tranquility, John and I moved to the Ottawa Valley in 2013.

I have been a long-time community-minded volunteer with a passion for healthcare. With more than 20 years as principal of an HR consulting firm, more than five years as a VP with Accreditation Canada and a former Chief of Staff to the mayor of the City of Ottawa, I particularly enjoy sharing my skills in the areas of human resources, government relations, healthcare administration, governance/risk management, charity leadership and communications. Additionally, I have gained valuable insight/experience in health quality, having been an international surveyor and HR expert for the International Society of Quality.

My governance background includes serving as Board Chair for Eastern Ontario Young Offenders and currently, sit as Vice-chair for Arnprior Regional Health, as well as Secretary to the Board at Hospice Renfrew.



Director— Leo Hall

I became aware of the value of the care at Hospice Renfrew at the time of my mother's passing over ten years ago.

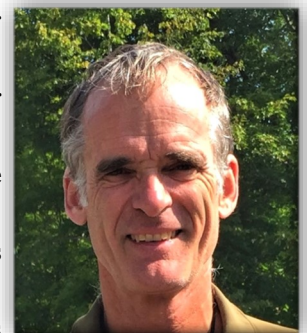
Anne and our family benefited immensely from the care provided and I was left with a clear appreciation of the critical nature of the volunteer effort required to sustain this operation.

My role with Hospice Renfrew is as a volunteer board member. I have been a director for over five years now, and serve on the finance committee.

I live in Renfrew, and my educational and work history favour engineering, forestry and business management.

For the benefit of others considering volunteer service, I would offer that while my background is rather unrelated to palliative care, the Hospice Organization has found ways to enable me to contribute and to feel welcome.

I have found the experience to be a very positive source of meaning in my life, and I treasure the new relationships that have developed as a result of this activity.



HOSPICE RENFREW BOARD OF DIRECTORS 2020-21

Director— Jamie Cybulski

Director on the Board for Hospice Renfrew since 2016

Born and raised here in Renfrew, attended St Thomas and St Joe's schools before going off to college.

Currently the "Morning Man" at 96.1 my FM radio in Renfrew, a job I've held full time since 2007.

My Father, Gary Cybulski, passed away at Hospice Renfrew in 2011 after a brief battle with brain cancer.

After seeing how they cared for Dad in those final weeks and experiencing first-hand how they care for the families during those times, we were left with this feeling of "what can we do to say thanks to Hospice?"



Director— Karen McEwen

Karen is a retired Nurse Administrator and brings diverse experience to her role as a director at Hospice Renfrew. After more than 25 years in clinical nursing practice, Karen completed her law degree, specializing in health law and policy, and worked in various academic and administrative positions before retiring in 2019.

Karen returned to Hospice Renfrew as a director in 2016, having previously served as a director from 2009-2014. Karen has a passion for compassionate, quality end of life care and considers it an honour and privilege to serve on the board to ensure the highest quality of hospice care for all residents of Renfrew County.



Director— Kevin Cherry

My name is Kevin Cherry. I grew up in the Ottawa Valley, Round Lake area to be more precise. I come from a family of four, one brother and two sisters.

I've grown up living and breathing the financial industry with both parents having spent time in this field. I now reside just outside Renfrew. I'm a husband, and a loving father of two beautiful daughters Alexandria (9) and Elise (5).

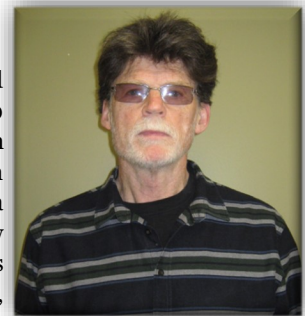
I like to be involved in the community. I sit on the Downtown Renfrew BIA board and of course also sit as one of the directors on the Hospice Renfrew board. Prior to joining the Hospice board I had already spent time (with a great amount of help from my wife Casey) organizing an annual golf fundraiser for the benefit of Hospice. After my first year running it as a third party event, the past two years including this challenging 2020, I have ran it as one of the few annual signature Hospice fundraisers.

But why Hospice? I've been asked this a few times in the past. I started my business with Edward Jones Investments in Renfrew in 2008. Over that time I have heard first hand accounts from clients just how important and how good of an institution Hospice Renfrew is to this community. So I took a tour the one day many years ago of the facility and it hit home even more how important it is and how much amazing work the staff and volunteers do there. So when an position opened on the board I was more than happy to step in and join!



Director— George Wade

I was born in Victoria B. C. in 1949. My father was in the Royal Canadian Navy and the family lived on both coasts of Canada before settling in Ottawa. I have been a resident of Burnstown for over 40 years. My wife & I have two adult children and two granddaughters. I've recently retired as an independent carpenter. During my career I was involved in a variety of residential construction projects, which included custom designed, energy efficient homes. I am a volunteer coach with the Renfrew Special Olympics basketball team and a member of the Renfrew Special Olympics Community Council. His interests include music, hiking, cycling and travel. It is my privilege to volunteer with the Hospice Renfrew team and be involved in asset management, building renovations and facilities operation.



FROM THE OFFICE OF THE DIRECTOR

Executive Director — Marjorie Joly

Seven years ago, I had a family member who came to Hospice and it was during his time here that I was able to experience firsthand the compassionate care that our staff and volunteers gave to not only him but also his family. Harvey had a large family and we were all made to feel welcome during his entire stay. I was so impressed with the care and compassion that was provided that I remember saying to my youngest daughter Shelby, if I ever have the chance, I would love to be the Executive Director of Hospice Renfrew. When I saw the job posting in May, she quickly reminded me of what I said and well the rest is history as they say.....

It is hard to believe that it is going on six months since I accepted the position and I would like to thank everyone for making me feel so welcome and for supporting me as I transitioned into the ED role.

I am not sure that anyone would have predicted what a tumultuous year 2020 would be for Hospice Renfrew.

COVID-19 has forced us to change the way we run Hospice and the way we live our lives. Our staff have had to adapt to all the changes that were mandated by Ministry of Health and the Renfrew County Public Health Unit on a weekly and sometime daily basis.

Volunteer hours were reduced, vacations had to be cancelled or postponed and a lot of extra shifts needed to be covered.

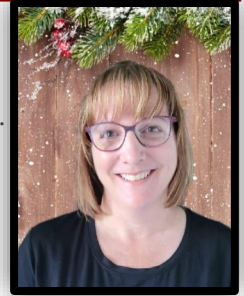
Between having to deal with COVID and all the Administrative changes it has been a challenge for everyone.

You have had to say goodbye to some longstanding employees and hello to some new team members.

Fundraising events had to be cancelled and we have had to adapt to a new Virtual way of fundraising.

We recognize that it has put a strain on our staff and volunteers but I must say that I am proud and inspired by the way our staff and volunteers have risen to this challenge with flexibility, resilience, courage and a caring heart.

Warmest thoughts and best wishes for a wonderful Christmas and a Happy New Year!



Christmas is
most truly
Christmas when
we
celebrate it by
giving the light
of love to those
who need it
most.



MEDICAL DIRECTORS

I have been following patients at Hospice Renfrew and have been doing the weekly rounds since I started my practice in Renfrew in 2012 and became the medical director in 2018.

I believe that Hospice Renfrew provides a necessary service to the community and the region, with a focus on compassion and quality of care, and these are the reasons why I have been involved.

I grew up in Quebec in a rural area east of Montreal and attended medical school in Sherbrooke, Quebec, where I did my residency training in family medicine in British Columbia.

I moved to Renfrew in 2012 to start my family medicine practice. I also work at RVH, Groves Park Lodge, and the Bonnechere Manor.



Dr. Philippe Pinard

Dr. Monica Bishop earned her M.D. at Western University and worked as a family physician and in medical education for more than 20 years before transitioning exclusively to palliative care a few years ago. She's also a strong advocate for patient-centered care and always makes residents and families feel as welcome and comfortable as possible.

She says one of the most touching experiences in her job is seeing the relief on caregivers' faces when they learn their loved one will be taken care of, and they can now relax and resume their supportive role as family member or friend.

I'll say," take off that heavy caregiver hat and give it to me. We have big shoulders here. And inevitably, the tears come. You can actually see the weight lift off their shoulders.

She'll continue to advocate and educate as much as possible, and Hospice is grateful for her contributions and expertise.



Dr. Monica Bishop

HOSPICE RENFREW VOLUNTEERS

"Volunteers do not necessarily have the time; they just have the heart."
Elizabeth Andrew



Every year, Hospice Renfrew is asked to submit a nominee for the Ontario Outstanding Volunteer June Callwood Award. It is never easy to single out one volunteer. This year, Hospice Renfrew nominated Donna Carroll for 2020 June Callwood Award. She is a very active volunteer in our Resident and Family Support team.

Donna rarely misses her volunteer shift and often stays longer than her expected time to ensure not only the residents are looked after, but to take care of extra duties when our nursing staff gets busy. Her compassion towards every resident is very clear, from simply taking time to read a book or to sit with a resident that was in need with her kind and gentle ways. She has a calmness and a special way with each resident. Donna also helps with our Hike for Hospice and helps with our Celebration of Life. Hospice is blessed to have Donna with us.



When we asked Donna why she volunteers here at Hospice Renfrew, she says, "I volunteer because my mom was a resident in 2012, since then I wanted to donate my time to help hospice and the community." Donna joined our team of volunteers back in 2013. Thank you to Donna and all our volunteers who continue to serve with a big heart and go above and beyond.

2021 FUNDRAISING

Our community has been incredibly supportive and very generous to Hospice Renfrew over the years and we continue to be amazed by the individuals, local businesses, service clubs and organizations that support us. We are more than grateful for all the gifts that come to us through a variety of fundraising initiatives. Not only do the proceeds raised help us enormously, but the awareness of Hospice Renfrew and what we do is invaluable. This past year with Covid19 many of our fundraising initiatives were cancelled, however, we still received a lot of support, THANK YOU!

Whether large or small, collectively our community's financial support enables us to deliver programs and services to all our residents and their families without any cost. We continue to advocate for financial assistance, as only 50% of our annual budget is covered by the government and the rest is through donations.

Some highlights of our upcoming events for 2021 are:

50/50 Virtual Draws being held March 17, 2021, July 1, 2021 and December 21, 2021. Some other upcoming events include our annual Hike for Hospice in May, golf tournament to be held in August and our new annual event, is the bike ride to be held in October.



HOSPICE RENFREW

MISSION * VISION * VALUES

Our Mission:

To assist terminally ill individuals to live as fully as possible while maintaining their dignity and comfort, as well as providing support to family and friends.

Our Vision:

Hospice Renfrew will provide and maintain a freestanding residential hospice to provide end-of-life care to terminally ill people and their families throughout the County of Renfrew.

Our Values:

We at Hospice Renfrew strive to achieve our Mission and Objectives by living our Core Values which drive how we operate across every level.

Respect, Empathy, Passion,
Hospitality, Stewardship, Honesty,
Learning and Celebration



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@Hospice_Renfrew

FINANCIAL INFORMATION

\$ 1.6 Million
Budget for 2021



■ Government Funds ■ Fundraising

***“Remember that the
happiest
people are not those
getting more, but those
giving more.”
H. Jackson
Brown Jr.***

Your Donation Makes A Difference

Only 50% of Hospice Renfrew's operational funding comes from the government. The remainder of the more than 1.6 million we need to operate yearly comes from the generosity of people like you. Please consider making a donation today or including Hospice Renfrew in your will or estate planning.

Enclosed is my donation of: \$ _____ in the name of: _____

If you would like the recipient and/or family notified of your gift,
please fill in their address:

Name: _____

Address: _____

City: _____ Prov. _____ P.C. _____

Please send receipt to: (a complete legible address is required
for income tax receipt):

Name: _____

Address: _____

City: _____ Prov. _____ P.C. _____

You can also donate online at [hospicerenfrew.ca](https://www.hospicerenfrew.ca) Click on the “Donate Now” button on the front page.

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